

# PINS AND PROCRASTINATION

## HOMEMADE SOOTHING SCALP MASK



---

### INGREDIENTS

- 2 tablespoons high quality [Aloe Vera Gel](#)
- 2 tablespoons [Vegetable Glycerin](#)
- 5-10 drops [Lavender Essential Oil](#)

---

### INSTRUCTIONS

1. Mix all ingredients together
2. Store in an air tight jar. For extra relief and longer shelf life, you can store it in the fridge, but it isn't necessary.
3. To use: apply to irritated spots or over entire scalp, massaging and rubbing in with your fingertips. Leave on overnight and wash off in the morning. (You can choose not to wash it off, but it will make your hair look greasy)